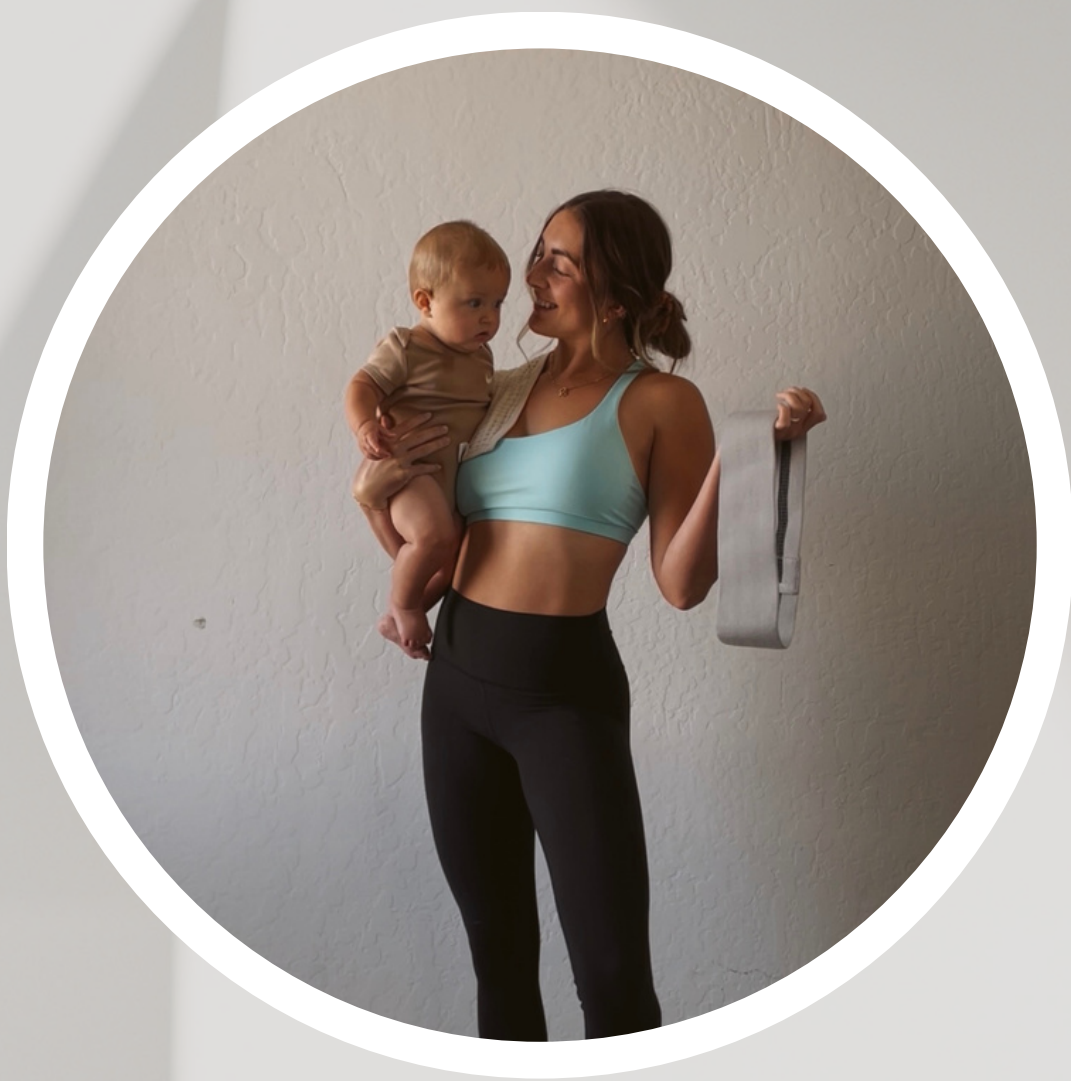




POSTPARTUM WORKOUT LINKS

YOGA BALL

RESISTANCE BANDS

YOGA BLOCK